

LESSON 4 TEACHING OUTLINE

SEPTEMBER 27, 2026

FAMILY THEME

Who Is Jesus?

STUDY TEXT

MATTHEW 27:45–28:10

Connect

VIDEO: Consider showing this video where people attempt to answer the question, Who Is Jesus? tinyurl.com/WhoD6.

CONVERSATION STARTER: Before this lesson, ask on social media or via text: “Who is Jesus?” Read a few responses to the group and ask: *What are some common ways people answer that question?*

CULTURAL MOMENT: Ask: *If someone asked people in our city to describe Jesus in just one word or phrase, what do you think they would say? What would the answers be if we asked people in our church? Write answers on the board.*

Teaching the Truth

BIG IDEA 1: Jesus Is the Promised Messiah Who Is Fully God and Fully Man (Isaiah 7:14; 9:6–7; Luke 2:25–32)

Live It Out: Trust that God keeps His promises by looking to Jesus, the Savior He sent.

- *What do these prophecies teach us about who Jesus is?*
- *How do these fulfilled prophecies show us that we can trust what the Bible says about Jesus?*

Live It Out: Respond to who Jesus is by trusting Him and following Him as Lord in your everyday life.

- *How does understanding that Jesus is both fully God and fully man shape the way you relate to Him?*
- *What does it look like to trust Jesus as Lord in your everyday life?*

Pass out copies of the AH 4-2 Adult Member Outline.

BIG IDEA 2: Jesus Died and Rose Again to Defeat Sin and Death (Matthew 27:45–28:10)

Live It Out: Take time to reflect on what Jesus endured on the cross and what His sacrifice means for you.

- *What difference does it make to know that Jesus’ death was part of God’s plan and not an accident?*
- *What stands out to you most about what Jesus endured on the cross?*

Live It Out: Live in the hope and freedom that come from knowing Jesus has defeated sin and death.

- *What does Jesus’ resurrection show us about who He is?*
- *How does knowing Jesus has defeated sin and death change the way you live today?*

BIG IDEA 3: Jesus Is the Only Way to God (John 14:6; Romans 3:23–24; Galatians 2:16)

Live It Out: Take time to consider what Jesus claims about Himself and what that means for you.

- *Why do you think Jesus’ claim to be the only way to God can be difficult for people to accept?*
- *What makes Jesus trustworthy when He says He is the only way to God?*

Live It Out: Respond to the good news of the gospel by trusting in Jesus and resting in what He has done for you.

- *Why is it important to understand that we cannot earn our way to God?*
- *What does it look like to trust Jesus instead of relying on our own efforts?*

Respond

REFLECTION: Encourage learners to write down how they would answer the question, “Who is Jesus?” Then invite them to reflect on whether their daily lives align with that belief and to identify one area where they need to trust or follow Him more fully.

FAITH AT HOME: Encourage group members to have a conversation with their family or someone close to them about who Jesus is. Read a key passage together (John 14:6 or Matthew 28:1–10) and discuss what it reveals about Jesus and how that truth shapes everyday life.

TRUTH IN ACTION: Encourage group members to identify one area of their daily lives where they need to submit to Jesus as Lord. Challenge them to take one intentional step this week to follow Him more closely in that area, whether in their decisions, priorities, or relationships.

Distribute copies of As You Go (AYG-4) and encourage your learners to complete the daily devotions in their D6 Discipleship Journals this week.